

**PRESS RELEASE: Sunday, 18th March, 2007**

**• THE SEPARATE BEDROOMS DEBATE:  
IT'S PSYCHOLOGY – NOT SNORING – THAT'S THE DECISIVE  
FACTOR, SAY SCIENTISTS**

**• One in five Britons would prefer separate bedrooms from their partner**

Data supplied by scientifically-driven online dating service PARSHIP.co.uk has put a question mark over claims, in newly-published research, that snoring and busy lifestyles are forcing couples to seek separate bedrooms.

One in five Britons say that, given the option, they would choose to have a separate bedroom from their partner, according to data collected by PARSHIP's scientific assessment of more than 600,000 Europeans. But this growing trend isn't being driven by sleepless nights, it's more a matter of psychology.

Millions of single people across Europe have completed PARSHIP's propriety psychometric test, created by Professor Hugo Schmale of Hamburg University, to assess compatibility in relationships. 22% of Britons and 21% of their European counterparts said that, if they shared a two-bedroom apartment with their partner, they would prefer to have their own room – although they would want at least one of the bedrooms to offer the option of spending the night together. The vast majority, 78%, claimed a shared bedroom would be a must in their relationship

Dr Victoria Lukats, psychiatrist and PARSHIP.co.uk's dating and relationship expert commented:

“Although a snoring partner, hectic lifestyle and children will certainly cause sleeplessness for many couples, the truth is that none of these appear to be the main issue in couple's decision to opt for separate rooms. In actual fact, one fifth of people have such a marked need for their own personal space that sharing a bedroom could be a real turn-off. In contrast, other people have a high need for personal intimacy and want to share everything with their partner. What we do know, is when two people differ widely in their need for intimacy, then there is likely to be conflict at some point in the

relationship. That's why a high degree of compatibility between two people is so important if the relationship is to last."

At the heart of the PARSHIP dating service is its unique psychometric compatibility test. It is the key to a methodology which ensures that the service's members are only matched with people who could be genuinely right for them.

The service's proprietary psychometric compatibility test was developed by a team of leading scientists and psychologists in Hamburg, working with the results of 40 years of research and 80,000 personality profiles. The test evaluates the characteristics, values and interests which determine the dynamics of a relationship. When an individual is matched with someone who has the right balance of similar and complementary characteristics, the outcome is likely to be a lasting relationship.

Dr Victoria Lukats, explains how the scientific matching works: "[PARSHIP's](#) psychometric test follows many of the principles of the personality tests now used by many large companies to screen potential employees, but its focus is on the personality traits, attitudes, lifestyle habits and interests which are believed to determine compatibility in relationships. By answering a series of simple questions, it is possible to build up an accurate profile by quantifying these various attributes. Other members from the database who would make a compatible match can then be identified."

"Generally speaking it's similarity that provides the basis for a successful match but there are some areas where too much similarity can lead to a clash (for example, two extremely assertive people). PARSHIP takes these all these factors into consideration when matching members."

Founded in 2001, [PARSHIP](#), is Europe's largest scientific dating service, and currently welcomes over 2.4 million members, having doubled its membership in the last two years.

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